



GRANDSPA



Your island of relaxation above the roofs of Zell am See



Our spa is situated in a beautiful location on the 4th and 5th floor of the wellness wing in our hotel. Always surrounded by Lake Zell and the local mountains, you will become rejuvenated and revitalised and find your inner balance.

THE GRANDSPA OFFERS:

SPA LOUNGE: reception, boutique and sun terrace with beautiful views of the lake and the surrounding mountain world.

WELLNESS SAUNA FACILITIES: Finnish sauna with views of the mountains and lake, Turkish steam bath, salt steam bath, herbal steam bath, infra-red cabin, tepidarium, rest areas and the Gentle Fountain.

TREATMENT ROOMS:

Yin & Yang, Caribia, Men's Spa, Tyrolia, Ladies Spa

The GRANDSPA offers selected wellness treatments from around the world: from ancient pampering rituals to the perfect medically based anti-ageing programme and modern vitality and body programmes.

Our spa and qualified team are here to welcome you seven days a week from 9.00 am–7.30 pm. Come and see us any time for a consultation and enjoy beautiful moments and views!

We wish you a pleasant stay and are looking forward to your visit!

YOUR GRANDSPA TEAM

OUR BRANDS

cellcosmet cellmen Switzerland

The secret of eternal youthful radiance! Cellcosmet and Cellmen are the first cosmetics to apply the cellular therapy principle with the highly effective active bio-integral cells to the skin. This new generation of skin care products protect and moisturise the skin with special active ingredients, and actively promote cell regeneration.



Selected natural ingredients, the highest quality standards and the knowledge of the Caribbean Arawak tribe make the St Barth products another highlight in the world of international cosmetics.

ÄGYPTOS®

The healing powers of the Dead Sea have been used since ancient times. Even Cleopatra enjoyed the pleasures of a mixture made from Egyptian healing earth and Dead Sea salt. The highly effective ingredients are used, for example, in the ancient cellulite treatment.



SIGNATURE TREATMENT MOUNTAIN DREAMS

Experience a full body mountain salt scrub with the magnificent oil composition, Montagna, that clears your skin of old skin cells and makes it pleasantly supple.

Afterwards, enjoy a gentle full body massage with wonderful Swiss stone pine oil, ending with a relaxing foot massage.

Then take a rest with a delicious cup of herbal tea and a Swiss stone pine pillow on the warm sun lounger reserved for you in our tepidarium and enjoy the fantastic view of lake Zell and the surrounding mountains.

75 minutes of pampering

EUR 95.00

SWISS STONE PINE

“Queen of the Alps” – the Swiss stone pine rightly deserves this title. Found at altitudes of up to 2,800 meters, it leaves all other trees far behind, exudes vitality even at minus 40° Celsius and under extreme climatic conditions and live up to 1000 years. Its resistance, serenity, and strength have been impressing for thousands of years.

The magic power that emanates from the Swiss stone pine was already felt by our ancestors. They built rooms, bedrooms, cradles, and armoires from the valuable wood.

What was mere intuition at the time is now scientifically proven. Pine is soothing but also mentally stimulating, promotes concentration, restful sleep, and improves physical and mental resilience. But it is also its mild, well rounded, warm scent that makes the Swiss stone pine so attractive. And as such, the “Queen of the Alps” is very versatile.






RITUALS

FLOATING ON CLOUDS

Enjoy a pleasant, manual scrub massage for your legs and feet. The massage with Cellmen Circulations Oil promotes blood circulation in the veins. The leg massage is followed by an invigorating and refreshing skin tonic. Finally, your legs and feet will be pampered with a vein toning gel cream.

80 minutes of pampering

EUR 95.00

A BREAK FOR THE WHOLE BODY

The pleasant full body scrub with nourishing salts and oils produces a silky soft skin and a deep cleansing. Next enjoy a gentle full body massage with selected oils that will moisturize your skin. Finally, we will pamper you with a nourishing cream pack for velvety soft skin, used by Cleopatra thousands of years ago.

70 minutes of pampering

EUR 90.00

HEAD AND NECK RELEASE

Head and neck massage in Ayurvedic style with warm sesame oil. To relax body, mind, and spirit, this is followed by an ear candling treatment of the Hopi Native Americans. The ear candling effect is purely physical. A slight vacuum (chimney effect) and the vibration waves of air in the candle, caused by the movement of the flame, act like a gentle eardrum massage.

50 minutes of pampering

EUR 65.00

ST BARTH COCONUT DREAM

Relaxing body scrub with pure coconut oil for velvety soft and smooth skin. Afterwards, enjoy a relaxing full body massage with warm coconut oil and the scent of bourbon vanilla. At the end of the treatment, we will have a little "coconut gift" for you!

80 minutes of pampering

EUR 95.00



CARIBBEAN FEELING

The treatment starts with a gentle scrub made of sea sand, papaya, avocado and a touch of coconut oil, which polishes your skin and leaves it velvet-soft.

You are then wrapped in a body pack made from pineapple pulp and clay, which provide valuable minerals and vitamins to improve the skin's texture. The wrap helps to activate and detoxify the body's tissue, and the skin's texture is visibly refined and firmed.

Your body is then pampered with a moisturising lotion to round off the treatment.

80 minutes of pampering *EUR 110.00*

"COLOUR" RITUAL

Treat your hands with a small manicure. Your nails will then be painted with your choice of OPI Gel Colour and will remain radiant for up to 14 days.

approx. 75 minutes of pampering *EUR 80.00*

BACK FIT

Enjoy a classic back massage to relax your back and shoulder muscles. The peat or hay pack for your back that follows, which is placed on the stressed part of your back, rounds out your total relaxation. A little gift at the end of treatment completes the feel-good experience.

50 minutes of pampering *EUR 55.00*

FEEL GOOD ALL AROUND

The treatment begins with a pleasantly warm foot bath with added herbal pads (choose from 5 different herbal blends). We will then pamper you with a full body massage with soothing and nourishing Tyrolean shale oils. A foot massage with marigold cream adds to your relaxation.

70 minutes of pampering *EUR 80.00*



CLASSIC MASSAGES

By stretching, kneading, and shifting the skin and muscles, the autonomic nervous system is influenced through receptors, which both contributes to pain relief and has a calming relaxing effect. You are free to choose between an invigorating or relaxing massage.

Full body:	50 minutes of pampering	EUR 60.00
Back & neck:	25 minutes of pampering	EUR 36.00

REFLEXOLOGY MASSAGE

Pressing the reflex zones on your foot can achieve relaxation of the internal organs, the nervous system, the spine, and joints.

25 minutes of pampering	EUR 38.00
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COMBINATION MASSAGE

This massage is a combination of classical partial massage and reflexology massage. A pleasant treatment with nourishing almond and sesame oil to relax your back and neck muscles, followed by reflexology. This works on the entire body, activating possible self-healing.

50 minutes of pampering	EUR 68.00
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LYMPHATIC DRAINAGE

Lymphatic drainage is a very gentle massage with soft, flowing strokes. They have a purifying effect and remove blockages. The lymph flow is stimulated and allows the treatment to relieve pain and promote healing.

Full body:	50 minutes of pampering	EUR 75.00
Legs:	40 minutes of pampering	EUR 65.00
Face:	25 minutes of pampering	EUR 39.00

LEG MASSAGE

The tensions of the day are released from your legs by the alternation of firm and gentle massage grips.

25 minutes of pampering	EUR 36.00
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FACIAL MASSAGE

Strokes and special cosmetic massage techniques relax the facial muscles, resulting in an invigorating and refreshing massage.

25 minutes of pampering	EUR 35.00
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PAMPERING MESSAGES

LIGNE ST BARTH WELLNESS MASSAGE

A light body massage with many strokes, using a special oil blend that you can even compose yourself prior to treatment. Ideal for relaxation and finding your center.

50 minutes of pampering *EUR 60.00*

RELAXATION MASSAGE

This massage calms and improves blood circulation. The scent of the Montagna oil composition restores harmony to body, mind, and spirit.

50 minutes of pampering *EUR 60.00*

LIGNE ST BARTH HARMONY MASSAGE

A relaxing and balancing full body massage with intensive care products specially tailored to your needs.

80 minutes of pampering *EUR 110.00*

HEAD AND NECK MASSAGE

This treatment is a treat for your body, mind, and spirit. Your head and neck are gently kneaded and the heated oil is massaged in by gentle strokes. We recommend this treatment for frequent headaches and neck aches.

25 minutes of pampering *EUR 37.00*



HOT STONE MASSAGE

The path to your own center; harmony and energy through warming stones. Enjoy the fascinating combination of energy work, massage, and the intense effect of hot basalt stones. The treatment combines a massage with jojoba and almond oil with the laying on of lava stones on the body's energy centers. A fully holistic experience.

75 minutes of pampering

EUR 105.00

HERBAL POUCH MESSAGES

The mixture of herbs has a soothing and deeply relaxing effect on your body. The masseur uses their hands and the herbal pouches alternately to apply rhythmic sequences and smooth massage movements.

70 minutes of pampering

EUR 95.00

LOMI LOMI NUI

HAWAIIAN TEMPLE MASSAGE – The queen of all massages, which is also enjoyed by men. Based on the Huna philosophy where body, mind and soul connect in a delightful, clear and uncomplicated way. Lomi Lomi Nui relieves stress, anxieties and tensions even in the deepest parts of the body. A deeply relaxing experience which reawakens the zest for life.

80 minutes of pampering

EUR 115.00



FACIAL TREATMENTS FOR HIM AND HER

ST BARTH PURENESS

Experience an extraordinarily gentle treatment of your face, neck, and neckline. Enjoy the fresh fragrances of natural elixirs reminiscent of a colorful Caribbean fruit basket. This especially tranquil, pampering treatment will help you into a state of deep relaxation. The high-quality, herbal care products with natural vitamins and minerals have an intensive cleansing effect and stimulate the natural activity of your skin. The result is a clear, even, and fresh complexion. A nourishing hand massage completes this gentle treatment.

60 minutes of pampering

EUR 90.00

ST BARTH FRESHNESS

Enjoy an intensely relaxing and refreshing treatment for your face, neck, and hands. The effect of high-quality herbal skin care products with natural vitamins and minerals is enhanced by freshly prepared fruits. The natural freshness on the skin, rounded out with wonderfully delicate Caribbean fragrances, will transport you into an exotic world. The result is a visibly clear, smooth, and fresh complexion. A nourishing hand massage with the scent of bourbon vanilla, delicate lily, or Caribbean tiaré flowers rounds off the well-being experience.

90 minutes of pampering

EUR 105.00

ST BARTH PAMPERING TREATMENT

A pleasure for him and her. Enjoy with all your senses. Caribbean feeling, including hand and foot massage with warm coconut oil and a care package with tiaré flowers.

120 minutes of pampering

EUR 150.00

FACIAL TREATMENTS FOR HER

CELLCOSMET PRECIOUS TREATMENT

Deeply effective regenerating treatment for intensive radiance and lasting improvement of the skin structure on the face and cleavage. The unique extracts of edelweiss, precious earths, Kombucha and pure elastin collagen have an anti-ageing and energising effect.

60 minutes of pampering *EUR 100.00*

CELLCOSMET ANTI STRESS TREATMENT

A relaxing and soothing treatment. Signs of tiredness and stress disappear, and the skin is left deeply moisturised.

60 minutes of pampering *EUR 100.00*

CELLCOSMET COLLAGEN LIFTING TREATMENT

Special skin care products developed for deep moisturising, firming and strengthening of the facial tissue. The moisture balance and the firmness of the skin are noticeably improved.

90 minutes of pampering *EUR 130.00*

CELLCOSMET REVITALISING TREATMENT

Luxurious anti-ageing treatment based on cellular therapy. A treatment that defines facial contours, restores youthful radiance and intensely revitalises the skin.

120 minutes of pampering *EUR 175.00*

FACIAL TREATMENT FOR HIM

CELLMEN PROFESSIONAL FACIAL TREATMENT

Invigorating and revitalizing facial treatment, starting with deep cleansing and clarification of the skin. The following enzymatic and mechanical exfoliation refines the complexion and improves cutaneous respiration.

The relaxing compresses remove the scrub from the facial skin. The soothing activator gel is applied to the skin and promotes micro-circulation. To fully relax a lip and face mask is applied.

Specially designed for men's skin, the Vitacell ampoule with actively stabilized, biointegral cells is trickled on the skin. The following mask nourishes the cells and rejuvenates the complexion.

Finally, Cellmen Cellular Cream is applied to the skin. Its action contributes to cell renewal, smoothing, and moisture stabilization.

90 minutes of pampering

EUR 130.00



BEAUTY SERVICES

MASKS

Collagen fleece mask - pure moisture

25 minutes of pampering *EUR 30.00*

LASHES & EYEBROWS

Eyelash coloring *EUR 15.00*

Eyebrow shaping *EUR 9.00*

Eyebrow coloring *EUR 10.00*

HAIR REMOVAL

Upper lip or chin *EUR 9.00*

Lower legs *EUR 37.00*

Full legs *EUR 50.00*

Armpit *EUR 17.00*

Bikini zone *EUR 25.00*

Back (man) *EUR 50.00*

Chest or abdomen (man) *EUR 37.00*



MANICURE

Remove cuticles and nail correction

30 minutes of pampering *EUR 45.00*

PEDICURE

Foot bath, cosmetic removal of cornea, cuticle, and nail correction.

40 minutes of pampering *EUR 50.00*

SPA MANICURE

Hand bath, hand scrub, cuticle correction, nail correction, hand pack, hand massage.

50 minutes of pampering *EUR 60.00*

SPA PEDICURE

Foot bath, foot scrub, correction of nails and skin, foot pack, foot massage.

55 minutes of pampering *EUR 65.00*

PAINTING NAILS

Painting with nail polish purchased from us *EUR 25.00*

Painting with your own nail polish *EUR 9.00*

BEAUTY SERVICES

OPI GEL COLOUR

Perfect nails for up to 14 days

Traditional nail varnish can chip easily and often loses its shine after several days. With our OPI GEL COLOUR, your nails will remain radiant for up to 2 weeks. The options include high gloss colours, traditional colours and glitter shades.

45 minutes of pampering

EUR 55.00

WE RECOMMEND A SMALL MANICURE BEFOREHAND
TO GET YOUR CUTICLES AND NAILS INTO SHAPE.





BODY TREATMENTS

ANTI-CELLULITE

To remove old skin cells, the treatment begins with a manual scrub massage. The following aroma massage has purifying and detoxifying effects. The following anti-cellulite algae thermal mask and the final massage with phyto-cosmeceuticals have a firming effect.

90 minutes of pampering

EUR 135.00

ST BARTH SENSATION

Exclusive body treatment with soothing relaxation massage - intensely moisturising and a delight for all of the senses.

60 minutes of pampering

EUR 75.00

ST BARTH SLIMNESS

Soothing and diuretic leg massage with ivy gel and menthol. Ideal after skiing, hiking, golf and on hot days.

25 minutes of pampering

EUR 39.00

SEA SAND PEELING

Body peeling massage with avocado or coconut oil. A relaxing peeling massage for soft, velvety and smooth skin. The finely mineralised sea sand complex removes dead skin cells and pure coconut oil nourishes the skin. This peeling is ideal as preparation for a long-lasting and even sun tan.

25 minutes of pampering

EUR 38.00

SEA SALT OIL SCRUB

A particularly pleasant full body scrub with nourishing salts and oils produces a silky soft skin and a deep cleansing. Removes dead skin cells, maintains and nourishes the skin and protects it against free radicals.

25 minutes of pampering

EUR 36.00

ÄGYPTOS VITAL WRAPS QUICK

In this unique process, five body wraps, soaked in the finest vital earth are draped over the body and conjure up enviably taut skin, improve cellulite, loosen tense muscles, and give new strength and energy.

50 minutes of pampering

EUR 75.00

ÄGYPTOS VITAL WRAPS

An ancient Egyptian beauty secret. Bandages are submerged in a mixture of Egyptian healing earth and Dead Sea salt. This full body wrap rejuvenates, firms, tones, detoxifies, purges and shapes the body and alleviates stress.

90 minutes of pampering

EUR 139.00



ÄGYPTOS PAMPERING PACKS

Our Ägyptos pampering packages are real skin and figure problem solvers, which can be uniquely customized to your desires. Before each body pack, a full body scrub is performed.

TONING PACK

Fights sagging and loose skin, especially on thighs, waist, and upper arms.

45 minutes of pampering *EUR 55.00*

ANTI-CELLULITE PACK

Fights blockages, mild and advanced cellulite, and poor circulation.

45 minutes of pampering *EUR 55.00*

ANTI-AGING BEAUTY PACKAGE

For perfectly nourished velvety and silky skin, for skin rejuvenation, for very dry skin, suitable even for very sensitive skin (allergy sufferers).

45 minutes of pampering *EUR 55.00*

REGENERATION PACK

Improves overstretched tissue in problem areas and stretch marks. For Men: for deep relaxation and muscle relaxation.

45 minutes of pampering *EUR 55.00*



DAILY OPENING HOURS

GRANDSPA Reception 9 AM to 7:30 PM
Wellness saunas 2 PM to 7:30 PM

MINIMUM AGE

Must be 16 years or older to enter.

APPOINTMENTS & RESERVATIONS

Please book your appointments as early in advance as possible under grandspa@grandhotel-zellamsee.at or under by phone at +43(0)6542/788-300. In the building, simply dial 300 to contact us directly.

CANCELLATIONS

Please let us know as soon as possible if you need to cancel or reschedule an appointment. For cancellations the day before your appointment 50% of the treatment amount will be charged. Cancellations the day of the appointment must be paid in full.

DELAYS

Unfortunately, we are unable to extend treatments beyond the agreed time in the event of delays. If you arrive after your appointment, your treatment time will be shortened accordingly.

GIFT CERTIFICATES

We are happy to issue gift certificates for spa experiences or spa products.

SPA ETIQUETTE

Out of consideration for the other guests, we ask you to switch off your cellphones during your stay at GRANDSPA. Please also refrain from smoking during your stay as well as from the use of cameras, tablets, or laptops and keep your voice quiet and reserved out of consideration for the other guests.

SAUNA RULES

Please note our sauna rules on the notice.

PREPARING FOR YOUR TREATMENT

Women or men should not shave before a salt scrub. If you suffered a sunburn, scrub treatments should be avoided. Men are advised to shave 4 hours prior to a facial treatment to allow the skin to receive maximum care and effect. Please inform us about any particularities health issues you may have.

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